# Adapted socio-ecological model of barriers to mental health care access for Syrian refugee women in Germany

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5 main themes (SEM levels)

19 sub-themes

# Policy

Entitlements in state MH care provision Interpreter provision in state MH care Missing screening of vulnerable individuals

## Community

Stigmatisation of MH Cultural gender role

# **Organisational**

Availability of MH services Referral Pathways

Logistical barriers Lack of cultural and trauma sensitivity

# Interpersonal

Language Interpreters

## Intrapersonal

**Acculturation stressors** 

Shame related to GBV

Health Literacy & Somatisation

History of organised deliberate violence & oppression

Knowledge of services
Education
Demographics

#### **Colour Code:**

Syrian refugees - Ethnocultural barriers
Syrian refugee women - Ethnocultural and
gender-specific barriers